



Mother Anna Huberta Roggendorf
Founder of the Society of Helpers of Mary

Igniting Sparks

MONTHLY NEWS LETTER

JULY 2019

Holiness lies in the measure in which we love

July 4th 2019 was the 46th death Anniversary of our dear Mother Anna Huberta. As I am reflecting I see on her face, a special smile which radiates God's love. Her walk itself reflected the determination she had, a person ready to set the world on fire of God's love. Her intimacy with God was her power to reach out to the hundreds of children. Her deep union with Jesus is how she spoke to the friends in Germany on the feast of Corpus Christi. "The hymn of God's love must be sung! God wants to put his own love into our hearts. This must be lived in us and for this reason He became the bread that we eat, this bread in order that He lives in us and that we learn to give up ourselves in love."

As a young Mary I used to admire Mother Anna Huberta. When she returns to her place after receiving the Holy Communion, it seemed that she met her God of heaven and earth. Such was her graceful way of life that she lived and told us "You have no foundress but the Holy Spirit is your founder." She would often remind us when we were novices "You neither be cold nor hot I will spew you out of my mouth" Rev.3:15 what she meant was that we shouldn't do things half heartedly. As she herself was full of life, zeal and filled with the Spirit. Late Fr. Joseph Neuner, S.J. who was closely associated with the Mother writes about her in his book, 'Mother Anna Huberta and her Personality' as she expressed "I wanted to serve only the one, with all my faculties, with my whole person". Often she had expressed this great love in her own youthful manner the love which filled her whole heart. She experienced it in singing them and she asked herself: "How is it that I was so fond of those tunes of love?" She knew the answer: "In all those song I meant only the ONE". Only one love captivated her mind, the love of God, the love of Jesus. To Him she devoted her entire life. His love for the people, for the poor, became the great love of her life which is well expressed in a prayer which Mother Anna Huberta always carried with her.

*"My flowers blossom before you, My songs sings for you,
My hands work for you, My feet walk for you,
In your mercy and love I kneel, That you take me and fill me,
My hands and my feet, That I know only you beyond all"*

This shows the depth of her holiness, she was indeed rooted in God's love. That is how our pioneer sisters were inspired and said Mother we want to "LIVE FOR LOVE" they signed with their blood, later on it became the motto of the Society of the Helpers of Mary. Mother, we your daughters ask your blessings thus we may be able to live our motto in the best possible way and fulfil your vision and mission to the poor and the needy

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Sr. Leela Sequiera, Generalate, Andheri



**Congratulation to
Sr. Amrita Jose shm
on being elected as
Treasurer of Western Region
Conference of
Religious India (WRCRI)**



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'There is no secret, just have to work hard'

I am Maria, studying for my first year Bachelor of Arts (FYBA) and staying with the Helpers of Mary Sisters in Premanjali, Mysore. I am from Jharkhand State and my parents are living in Goa for the last 15 years, working in the farm at Collem, Goa. I did my high school education at Nitya Seva Niketan, Rivona, Goa. I studied for six years in Rivona. The Sisters supported me financially to complete my education till class X at Rivona. They had encouraged me to participate in sports, drawing, singing and dancing competitions held in the school as well as in the children's home (Bal Nivas). Their love and generosity was tremendous. These Sisters were praying constantly for our well-being, that we students may score good marks and become good citizens. I have secured 73% of marks in Std. X. It was a joyous moment for me and I thank all the sisters for their love and support in my education.



I continued my further studies at St. Philomena's PU College, Bannimantap, Mysore. The Sisters have inspired me by imparting time to time talks on personality development, how to accept challenges in life, how to overcome fears and difficulties, etc. I owe my special thanks to the Sisters for constantly encouraging, guiding and strengthening my efforts and boosting me to better my future. In PUC (Class XI) I scored 76% marks. I had made a firm pledge to work harder and achieve greater heights. And finally my dream came true, I stood first in the college with 94% marks in the board exam - II PUC (Class XII). There is no secret, you just have to work hard throughout the year and God the Almighty works wonders in our lives. I thank God and the guiding forces - my parents, Sisters in Rivona and Mysore, teachers and well-wishers who have brought joy into my life.

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Ms. Maria Vicent Surin, Premanjali, Mysore.

Blessing & Inauguration of newly built Convent & Dispensary at Jignara

Every celebration is an occasion to thank the Lord for all His blessings. July 10th, 2019 was an auspicious day for the Helpers of Mary specially for the North Province on the occasion of the inaugural of the newly built convent and dispensary at Jignara. Sr. Veena Chandra welcomed the invited guests; Rt. Rev. Bishop Eugene Joseph, the Bishop of Varanasi, the Sisters, Priests and Parishioners for the blessing and inaugural ceremony.



The newly elected Superior General Sr. Pushpy Alappadan inaugurated the building by cutting the ribbon. All the dignitaries lit the lamp, which followed by Eucharistic celebration, presided over by Bishop Eugene and concelebrated by Fr. Anand Prakash and priests from the deanery. While blessing the newly built convent and dispensary, the Bishop also called upon the gathering to be ever grateful for the generosity of many people who made possible to make this convent building. The newly constructed convent cum dispensary is a gift from the Diocese of Varanasi.

Soon after the Mass and blessing of the house, felicitation program was held honouring the guests with shawl and potted plant. The Provincial Superior, Sr. Daisy, in her speech thanked and greatly appreciated Bishop Eugene for his guidance, constant support and for constructing the beautiful convent cum dispensary for the sisters. Sr. Pushpy, the Superior General delivered an excellent speech and recalled the simple beginning of the Jignara mission, which was a daring step of the Helpers of Mary, extending our service in the field of social, medical, and pastoral activities of the Diocese. She appreciated and thanked Sr. Shyamala and community for their valuable contribution for the growth of the mission. In the thanksgiving note Sr. Severine thanked everyone particularly Mr. Jayprakash Sharma the contractor, Mr. Suraj, the architect and all the laborers who toiled in the last one year to complete this home successfully.

The North Province Congratulated the newly elected Superior General Sr. Pushpy and Assistant Superior General Sr. Leela. It was indeed a joyful and historical day for the North Province.

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Sr. Severine D'Souza shm, Jignara

Naturopathy Success Stories



Mr. Suman is 56 years old man, was suffering from diabetes for 16 years. He is working as a helper in the school. His blood sugar was always above 300, in spite of taking his medication regularly and on time. His Triglycerides, Blood Pressure and uric acid were also high. For a long time he was planning to come to our Nature Cure Centre for his treatment. But since he needed to take leave from School, he delayed coming to

our Centre. However along with all these ailments he developed retinopathy. When he started losing his eye sight, he got the shock of his life. Now he knew that he had to take a quick decision pertaining to his health. Thus he came to our Nature Cure Centre to start his treatment. Initially he was always rubbing his eyes as he was not able to see clearly. But I reassured him saying that we earlier had a patient who had lost her eye sight and now with this treatment she has regained her eyesight. We started the treatment and he co-operated with us very well. As he was in the process of this treatment, he felt better. After 60 days he happily went home. His eye sight returned, his triglycerides, and Blood sugar came down to below normal. We thank God for touching him and healing him and giving him a new lease of life.

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Sr. Rose Karathra, Nature Cure Centre,
 Premankur, West Bengal

Mrs. Geetha Sen, 70 years old, was suffering from abdominal pain and gall bladder stones for two years. Her sonography reported Cholelithiasis with Cholecystitis. She also had high blood pressure. On admission her BP was 170/110 mmhg and her Haemoglobin was 8.5gm%. After a month treatment her Haemoglobin came up to 10gm%, and blood pressure came to Normal and her sonography also showed good



result. We thank God for touching Geetha and healing her from gall bladder stones and her high blood pressure.

The Main aim of our Nature Cure treatment is to create awareness about the importance of health and to educate people about the right way of living and management of health problems by simple ways. By following the laws of nature, vitality improves, which helps in elimination of toxins from the body.

The patients come with faith that Nature Cure treatment helps them to improve their health and they follow diligently all the health instructions. I feel great satisfaction when I see a visible difference in the health conditions of the patients who have come to our centre. Through regular yoga they feel fresh throughout the day. Food habits too have been changed, which helps them to sleep well, it gives them more energy throughout the day and also gives them inner strength to have a fear free mind.

RESULT OF 10TH AND 12TH STANDARD FROM SHM CHILDREN'S HOME 2018-2019

S.NO.	CENTRE	10th		12th		PERCENTAGE
		APPEARED	PASSED	APPEARED	PASSED	
1	Anad Vihar Tilaknagar	2	2	-	-	100%
2	Anand Niwas, Shevgaon	3	3	-	-	100%
3	Anugraha,Gundibala	6	4	1	1	71.42%
4	Asha Sadan, Waliv	17	15	1	1	88%
5	Babhavan, Andheri	6	4	5	5	81.8%
6	Balwatika, Dadra	22	22	5	5	100%
7	Ma-Niketan, Thane	14	11	6	5	89%
8	Maria Seva Sadan, Dapada	7	6	-	-	85%
9	Maria Sadan, Nirmal	-	-	3	3	100%
10	Naya Jeevan, Assangaon	14	10	5	4	84%
11	Nitya Seva, Rivona	10	10			100%
12	Prem Sadan, Madh Island	8	8	3	2	90%
13	Premanjali, Mysore	-	-	7	7	100%
14	Shanti Dhama, Gundoli	5	5	-	-	100%
15	Snehagiri, Karajgaon	3	3	-	-	100%
16	Snehalaya, Jaferganj	5	5	-	-	100%

Congratulations to all students who have successfully passed Xth & XIIth Examinations. Best wishes to each one of you for your endeavours. Kudos also to the Sisters and Teachers for their valuable support.
 Sparks Team

Home of Hope and love

I am Swaroopa Mallaya Gunnala. I am originally from Andhra Pradesh. My father was a construction worker and brought us to Mumbai for a better life. Being new to this place and language his friends cheated him and because of this he started drinking alcohol. This chronic drinking led him to liver disease and he passed away when I was just two years old then. We were fully depended on our father for our livelihood, but after his death we became homeless. My mother began to work as a domestic worker. We are four siblings and all were girls, among them I am the third child. It was very difficult for my mother to take care and provide us, hence she requested her Madam where she was working for some assistance and she gave her the address of this Bal Bhavan.



In 2003, at the age of five I came to Bal Bhavan along with my younger sister Rani. When we entered here Sr. Usha embraced us with warmth of love and sweet smile. Here I started my school life beginning with Nursery. The sisters were very caring and loving, they taught me the values of life. I worked hard and scored good marks in every exams and also developed various skills and talent like singing, dancing and playing the flute. This helped me build up my confidence and I learnt to take on responsibility and leadership.

In the year 2014 I completed my 10th class (S.S.C) with 70.40%. I continued junior college in the Commerce stream and successfully completed same scoring 70.62%. I had a great desire to do my graduation, so I expressed this wish to Sr. Bridget and she granted my wish by giving me permission to continue my graduation in B.A.F (Bachelor of Accounting and Finance) from Bal Bhavan. In return I helped the sisters in caring for the little children, helped them with their home works, project work, taught them dances, made them practice singing etc. I have successfully completed my graduation with A grade. Presently I am working in a bank and earning Rs. 15,000/-

I am very grateful to all the sisters, teachers and friends for giving me various opportunities to update my knowledge and giving me a comfortable life which I lived here in Bal Bhavan for last sixteen years. This home is everything for me, my home and my family as I call it every time. This home has made my life and career. The sisters are like my mother and I am grateful to God for blessing me with Bal Bhavan – a home of love! Today whatever I am and whatever success I have achieved is because of - Bal Bhavan.

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Ms. Swaroopa Mallaya, Bal Bhavan, Andheri

INWARD JOURNEY



I still remember the words of Mother Anna Huberta, "There are no bad children! There are only unloved children". Living in care homes, the children are more prone to behavioural and emotional problems than others as they are deprived of family's love and care. Becoming aware of these situations of the children's problem the Provincial team decided to conduct a seminar for children in different age groups. Thus we organized a two days seminar for each group (three groups) in Ma-Niketan, Thane. The main thrust of the seminar was how to concentrate, focus and change of mind set.

All of us carry with us the joy, innocence of our childhood as well as disappointments, past hurt and unmet emotional needs. We have noticed that some of the children disconnect from self and look for more attention for unmet emotional needs like safety, attention, appreciation, to be heard and valued. The amazing resource person Mr. Sachin Kamble and his team conducted this session through meaningful and thought provoking games, dances, drawing, sharing. The mind-blowing performances and creative activities opened up the minds and heart of all the children. 274 children from our different children's homes participated in this seminar with a resolution for empowerment as a first little step. With simple method they taught them to transform their painful memories and worked out issues like anger, stress, resentment, grief, fear, self esteem problems and other behaviour or negative belief patterns.

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Sr. Amrita Jose SHM, St. Anne's Provincialate, Waliv

CONDOLENCE

Our heartfelt sympathy to
Sr. Nandita Valolickal lost her sister
Sr. Neeti Nellisery lost her father

May their souls rest in peace

